



Bourbon Orchard



the 3X Bluicer Pro

Sage

Bourbon Orchard

 Prep 10 minutes

 Serves 4



the 3X Blucifer Pro™

150g (approx. 1/2) English cucumber, cut into 1cm rounds

2 tablespoons runny honey

120ml Bourbon

*260g (approx. 3) peeled whole lemons,
pith removed*

680g (approx. 5) Granny smith apples

180g (approx. 8) ice cubes

Method

- 1. Add cucumber pieces, honey and bourbon into blender jug and attach to juicer spout.*
- 2. Turn variable speed dial to Speed 1 and juice lemons.*
- 3. Increase speed to 10 and juice apples.*
- 4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.*
- 5. Select Smoothie Program.*
- 6. Divide ice cubes amongst 4 serving glasses and pour over cocktail. Serve immediately.*



Vodka Paradise



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Vodka Pearadise

 Prep 10 minutes

 Serves 4



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100ml vodka
6g (approx. 20) mint leaves
100g (approx. 5) ice cubes
95g (approx. 1) whole peeled lemon,
pith removed
20g piece fresh ginger
1kg (approx. 8) ripe medium
Packham pears
½ tsp ground cinnamon to garnish

Method

1. Add vodka, mint leaves, and ice cubes, into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice lemon.
3. Increase speed to 8 and juice ginger and pears.
4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
5. Select Frozen Cocktail program.
6. Pour mix into tall glasses and serve topped with a sprinkle of ground cinnamon.



App'ocado Spice



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App'ocado Spice

 Prep 10 minutes

 Serves 4



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*85g (approx. ½ large) ripe avocado flesh,
skin and stone removed*

1 tablespoon walnuts

½ teaspoon ground cinnamon

¼ teaspoon vanilla extract

120g (approx. 6) ice cubes

*600g (approx. 3) medium sized
Granny smith apples*

100g baby spinach

330g (approx. 1) English cucumbers

Ground nutmeg to garnish

Method

- 1. Add avocado, walnuts, ground cinnamon, vanilla extract and ice cubes into the blender jug and attach to juicer spout.*
- 2. Turn variable speed dial to Speed 10 and juice apple and spinach.*
- 3. Reduce speed to 4 and juice cucumbers.*
- 4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.*
- 5. Select Green smoothie program.*
- 6. Pour mix into tall glasses and serve topped with a sprinkle of nutmeg.*



Jam Jar



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Jam Jar

 Prep 10 minutes

 Serves 4



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250g frozen strawberries

150g (approx. 1/2) English cucumber,
cut into 1cm rounds

4g (approx. 10) mint leaves

400g (approx. 2) medium sized red apples

200g (approx. 3) thin rhubarb stalk,
leaves removed

150g (approx. 1) courgette, top removed

Method

1. Add frozen strawberries, cucumber and mint leaves into blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 10 and juice apple.
3. Reduce speed to 8 and juice rhubarb. Reduce speed again to 6 and juice courgette.
4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
5. Select Green smoothie program for 30 seconds. Serve immediately.



Beet the Blues



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Beet the Blues

 Prep 10 minutes

 Serves 4



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250g blueberries

250g (approx. 2) medium pears,
quartered and cored

100g (approx. 5) ice cubes

45g (approx. ½) peeled lemon

300g (approx. 2) courgette, top removed

220g (approx. 2) medium beetroots,
stalk trimmed

Method

1. Add blueberries, pears and ice cubes into blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice lemon.
3. Increase to speed 6 and juice courgette.
4. Increase to speed 10 and juice beetroots.
5. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
6. Select Green Smoothie Program.
Serve immediately.



Piña-Kale-ada



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Piña-Kale-ada

 Prep 10 minutes

 Serves 4



the 3X Blucifer Pro™

-
- 4g (approx. 15) fresh mint leaves*
 - 120mls white rum*
 - 215g (approx. 1) flesh from a drinking coconut*
 - 250ml coconut water*
 - 120g (approx. 6) ice cubes*
 - 190g (approx. 2) limes, peeled*
 - 430g (approx. ¾) peeled pineapple*
 - 150g (approx. 5) Green kale leaves*
-

Method

1. Add mint leaves, rum, coconut flesh and water and ice cubes into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice limes.
3. Increase speed to 7 and juice pineapple.
4. Increase speed again to 9 and juice kale leaves.
5. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
6. Select speed 10 and blend for 1 minute. Serve in iced tall glasses.

Tips

Young coconut flesh will need to be removed from a fresh drinking coconut. Buy one that has a hole already cut out from the top.

Depending on the age of the coconut, you may need to blend for more time.



Frozen Ginger Negroni



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Frozen Ginger Negroni

 Prep 15 minutes

 Serves 4



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30ml gin

30ml Campari

30ml Sweet Vermouth Rosso

350g (approx. 15) ice cubes

60g (approx. 3cm) piece ginger

1.3kg (approx. 8) oranges, peeled

Method

1. Add gin, Campari, vermouth and ice into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 8 and juice ginger.
3. Decrease speed to 1 and juice oranges.
4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
5. Select Frozen Cocktail Program. Serve immediately.

Tips

For a thicker consistency, add more ice.



Basilberry Frappe



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Basilberry Frappe

 Prep 12 minutes

 Serves 4



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120g (approx. 6) cubes ice
300g frozen strawberries
6g (approx. 12) fresh basil leaves
190g (approx. 2) limes, peeled
600g peeled watermelon flesh, chopped

Method

1. Add ice cubes, frozen strawberries and basil leaves into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice limes.
3. Increase speed to 3 and juice the watermelon.
4. Remove juicer attachment and place blender jug motor base. Close lid securely.
5. Select Frozen Cocktail Program. Serve immediately.



Orange & Mango Slushie



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Orange & Mango Slushie

 Prep 10 minutes

 Serves 4



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350g frozen mango, chopped
120g (approx. 6) ice cubes
5g (approx. 15) fresh mint leaves
190g (approx. 2) limes, peeled
760g (approx. 5) peeled oranges
2 Passionfruit, pulp removed

Method

1. Add mango, ice cubes and mint leaves into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice limes and oranges.
3. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
4. Select Frozen Cocktail Program.
5. Add passionfruit pulp. Select speed 2 and stir for 5 seconds.



Strawberry Orange Margarita



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Strawberry Orange Margarita

 Prep 10 minutes

 Serves 4



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300g frozen strawberries
160g (approx. 8) ice cubes ice
100ml tequila
30ml Triple Sec
190g (approx. 2) limes, peeled
500g (approx. 3) peeled blood oranges

Method

1. Add frozen strawberries, ice cubes, tequila and triple sec into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice limes and oranges.
3. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
4. Select Frozen Cocktail Program.